## Mediation page www.utrechtmediator.nl

Mediation: you are at the helm.

## No more arguing

Mediation is a way to put the arguing behind you and work on a solution. Mediation allows both of you to present your own side of the matter. It is important that both of you listen to and (be willing to) understand the other, even if you do not agree.

Mediation involves promoting your own interests as best as possible while taking the interests of the other into account.

You both look, together with me, for the most optimal solution for the both of you. It is important to know that mediation is not relationship therapy. Rather, it is a means for a divorcing couple to arrive at a solution that satisfies both parties in the long run – even a year later.

Why choose for mediation?

Logic.

With mediation, you both work on your own solution. You do not leave your fate in the hands of your lawyer or the judge but assume personal responsibility. The choice is not only the most mature choice but also the most logical one. I will help you to see the logic of both sides and to look at it again together.

## Future

Although it is tempting (and, at times, understandable) to stay angry with each other, mediation focuses on a solution that is supported by both of you. That is the idea behind mediation, and experience has taught that these solutions are the most durable. Thus mediation is a good basis for a beautiful, new future for both of you.

## Children

Especially if there are children involved, it is very important that you as a parent overlook any conflict and ensure that the children still have two competent parents after the divorce. Mediation is a major contribution to achieving a good, independent future after the divorce, also allowing other parties involved to profit from this to the maximum.